

MEN'S & WOMEN'S



GARDEN CLUB

OF MINNEAPOLIS

March 2020

The Garden Spray

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PROPAGATING SEEDS FOR A HEALTHY DIET

Presented by Koby Hagen



This month we welcome Koby Jeschkeit-Hagen, manager of the Tiny Diner urban farm and founder of [Seed Sages](#), which offers seed consultations, designs, training, and research for seed production.

Tuesday, March 10

Note: this month's meeting is at Lakewood Cemetery Mausoleum

6:00 Social Time
6:15 Dinner
7:00 Business Meeting
7:30 Program

Menu

Roasted Pork Loin
Tarragon Carrots
Red Potatoes
Salad
Dinner Rolls
Brownies or Lemon Bars

- Permanent reservations are in effect.
 - Dinner is \$13.00.
 - Reservations or cancellations are required no later than Friday, March 6.
 - Email [Dave Voss](#), or call (612) 594-1666, and leave a message.
 - Note: for last-minute cancellations, contact Dave. If he can sell it, you won't be billed.
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From the President

Linda Wilkins

Did you hear? Spring birds have been sighted. That is music to my ears.

I joined this club because I love being around like-minded people, and all of us love gardens. This club has great potential with great people and great events. What more could you want? We have earnest, hardworking people who have volunteered to serve in various positions for a time. In turn, others should be able to volunteer as officers, so we all get a chance. Please support those who have volunteered with your talent, ideas and time.

For those who for some reason cannot serve as officers there are many ways to serve the club, such as participating in our events.

For example, our plant sale is Tuesday, May 12. We need many volunteers and everyone can help spread the word. There are other plant sales around this time of year, but we want ours to be the best. To do that takes each and every one of us. Contact [Mary Maynard](#) to see where your talents will fit in best. (Or if you just want to donate a lot of money, that's OK too!)

Another opportunity is our Flower, Food and Foto Show August 22 and 23. We all have elements of our gardens that could be displayed. Let's make this FFF show the best ever. The show also takes many volunteers. What fun it is to see the best of each cultivar while you are volunteering. Even if you only have a little time, [Judy Berglund](#) would love to assign you a task that fits your schedule and talent.

People make the club. Let's show others what an outstanding club it is.

Flower, Food & Foto Show

Judy Berglund, Chair

FFF VEGETABLE FOR 2020: HERBS

Expect to find a wide variety of herbs at our annual plant sale in May. I'm sure everyone will find a collection of wonderful herbs to use in their culinary delights throughout the

spring, summer and fall. I often bring a few of my favorites into a sunny windowsill to enjoy all winter long.

Herbs are easy to grow. Annual and biennial herbs like basil, coriander, parsley, dill and chervil are fast growing and best sown at intervals throughout the spring and summer so you're guaranteed a continuous fresh supply. Perennial herbs like oregano, mint, thyme, sage, rosemary and chives are slower growing and need a more permanent home. Ideally herbs like a sunny, sheltered location with well-drained soil.



Growing herbs in pots and containers is great for a small space. Choose relatively deep pots which can be positioned near your kitchen door, or on your patio or balcony. Make sure your containers have adequate drainage holes and are raised on bricks or "pot feet" to prevent water logging. Herbs are relatively low maintenance unless grown in containers, in which case they require routine watering and feeding. Trimming herbs in the spring encourages a flush of healthy new growth. It's also best to deadhead herbs as the flowers start to fade.

Herbs may be exhibited as follows:

3 stems in one bottle of one variety

5 different named varieties, each in a separate bottle

1 or more herbs growing in a container

So, here is to healthy eating. Try using herbs to replace salt to enhance the flavor of your favorite dishes.

Plant Sale Committee

Gary Geister, Chair



CALLING ALL VOLUNTEERS!

Tuesday, May 12

Sale hours: 12 p.m to 6:30 p.m.

St. Mary's Greek Orthodox Church

3450 Irving Avenue South, Minneapolis

This is the club's main fundraiser, and it takes many of us to make it run smoothly. A few slots are full, but here are some tasks that could use more volunteers:

1. Put up/take down signs around the church neighborhood: 3-4 more people.
2. Set up at the church on the Monday before the sale (May 11): 2-3 more people.
3. Checkout assistants, cashiers and carryout assistants during sale (2 shifts): 1-2 more checkout/cashiers, 4-6 more carryout assistants.
4. Floor assistants during the sale, especially second shift: Annuals, perennials, vines, vegetables: Could use up to 12 more floor assistants. (This is an area where we can differentiate ourselves. Customers appreciate our help.)
5. Tear-down and cleanup after the sale. All hands on deck! Need 5 more.

Please let me know how you are able to help or if you have any questions. Email [Mary Maynard](#) or call (952) 926-7506. I will bring the signup sheet to the March meeting, too.

And, thanks so much to everyone who already signed up at club meetings.

-- Mary Maynard

Lyndale Park Gardens/Mixed Border Garden

Kay Wolfe, Chair

WHAT IS A BAY?



*Decoratively pruned golden
barberries distinguish
Pineapple Bay.*

At last summer's "Evening in the Gardens," committee members who create the public gardens in Lyndale Park answered questions as other club members toured. Mixed border committee members were standing in the various garden "bays" holding signs with the bay name. One question I heard was "What is a bay?"

The mixed border garden is 280 feet long and, in some places, almost 20 feet deep, so have divided it

into seven bays. The term "bay" came about because there are numerous shrubs--the "bones" of the garden--that swoop from back to front and leave open space where annuals are planted. For example, in Pineapple Bay the large golden barberries are pruned into pineapple shapes. Pagoda Bay is where a Pagoda Dogwood, *Cornus alternifolia*, is planted near the front.

The bays are roughly 40 feet wide, similar to many city lots, so that is a lot of garden to plant. I am pleased that new committee members have offered to design the annuals in various bays.

Kris Olson is choosing annuals for the two bays at the east end: the Far East Bay and Pagoda Bay. I do the Fire Chief Bay, and James Empson gives us ideas for the Pineapple Bay. Cece Keefe has ordered annuals for the Blue Spruce Bay, and Beate Lundstrom is fine-tuning Grass Bay, an area we developed last year with new shrubs. The bay at the west end is the Desert Southwest. We lost many shrubs and small trees there in winter of 2018, so it is being redone with new shrubs and perennials.



A Pagoda Dogwood resides in Pagoda Bay.

Join this team of talented gardeners or stop by in summer and visit the garden. Workdays are Tuesday and Saturday mornings. Contact Kay at mgcmgarden@q.com.

Marketing & Publicity Committee

Becky DeLaCruz, Chair

Look for plant sale updates and more events from Marketing & Publicity Committee in the April *Garden Spray*.

In the meantime, [here are some local events to get you ready for spring.](#)



Deane Fund Grant



The 2020 Deane Fund Grant recipient is [Plant-Grow-Share \(PGS\)](#) a project of CANDO, the Central Neighborhood Association. They are indeed a group with a can-do attitude and they get results. PGS creates opportunities for residents to grow not only food, but also community and personal empowerment. This is an under-resourced community whose power and skills are often not recognized.

The Deane Fund grant will be used to develop a garlic growing project, a project the group itself suggested and chose to do. They will conduct classes in growing garlic, some of which have already taken place, as the garlic is already in the ground for the 2020 harvest. They will use some of the garlic for home-cooking, save some for next fall's planting and distribute some to neighbors at their weekly Little Free Market where they give away some of the food they have grown.

PGS was formed in 2015 and is growing food, community, and personal power. I have known the group since 2015 and admire them greatly. I am so happy that MWGCM has chosen them for the Deane Fund Grant in 2020.

Living History: Andy Marlow

Third in a Series by Kirky Otto

ANDY MARLOW, MEMBER SINCE 1980

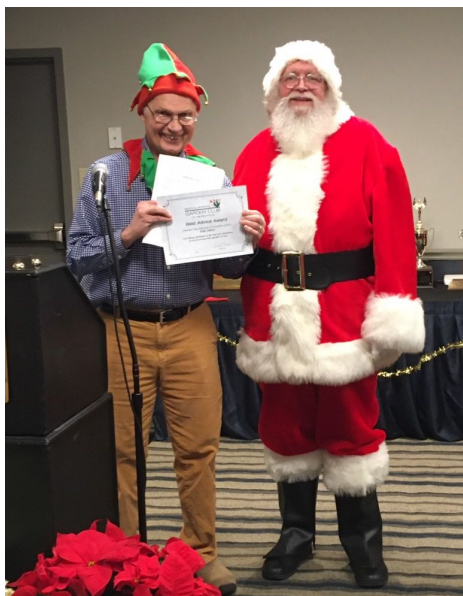
Andy Marlow joined the Men's Garden Club of Minneapolis after attending the Flower and Vegetable Show (now the FFF) at the Minnesota Landscape Arboretum. He agrees with Rog Koopmans and Jerry Shannon that people are the highlights: Leon Snyder, whose work led to the Arboretum being what it is today; "potato guy" Oren Turnquist, who developed varieties at the U of M; Freddie Glasoe, a teacher who really knew gardening and had a weekly radio program; Dick Lehman, Faribault mum and peony specialist, who introduced his son-in-law Rog Koopmans to the club and provided the Lehman



Trophy for the best garden on the summer tours.

Asked about women as club members, Andy recalls a lawsuit in the late '80s requiring the Men's Garden Club of America, with whom this club was affiliated, to admit women. That started the conversation here.

The national organization became Gardeners of America. In our area Andy says, "Admitting women was easier than changing the name," although there was some opposition. Andy smiles about Dwight Stone saying, "They'll run everything," to which Bob Olson responded, "Thank goodness!"



*Perennial partners in crime
Bob Olson and Andy
entertained at the holiday
party.*

Changing the name took 15 years, because the women who joined took pride in belonging to a men's garden club. The first woman recruited was Mary McGuire Lehrman, but the first woman who applied to join was Mary Maynard, who is still going strong. New names first considered had to fit the initials "MGCM," but Andy remembers Larry Larson saying, "Just add 'women' to the name," and agreement was reached.

Andy recalls the club moving to various sites until settling at Lake Harriet Methodist Church, where a stellar caterer named Agnes, along with her family, prepared the meals in the church kitchen and was much beloved by the membership. Fine memories!

Membership Corner

Kathy Lenarz, Chair

WELCOME NEW MEMBERS

Join me in welcoming **Linda Neils**, **Beth Mikulay**, and **Vicki Olson** who joined at our February meeting. Also **Gerard (Jerry) Shannon** of Edina (not to be confused with Jerry Shannon of St. Paul) renewed his membership. Welcome back Gerard. Our census is up to 121.

JOIN THE MEMBERSHIP COMMITTEE

We are looking for a couple of new members for our committee. We usually meet twice a year to do some pretty basic tasks like making name tags, updating the

membership database and putting together the club directory. The most fun part of our work is welcoming new members and visitors at our meetings and events. It is a wonderful way to meet new gardeners and share what we love about MWGCM. [Send me an email](#), or talk to me at our next meeting if you are interested in joining.

Every member bring a member.

Treasurer's Snapshot

Bill Clark, Treasurer

As of January 31, 2020

U.S. Bank

Beginning balance \$ 52,205.37

Deposits \$ 4,000.50

Withdrawals \$ 166.00

Checks paid \$ 2,424.14

Ending balance \$ 53,615.73

Royal Credit Union \$ 69,105.54
(Deane Fund)

No deposits/withdrawals

Total Balance (checking & savings) \$122,721.27

2020 Meeting & Event Calendar

March 10

Propagating Seeds for a Healthy

August 22 & 23

Flower, Food & Foto Show

Diet
Koby Hagen
Lakewood Cemetery Mausoleum

April 14
Composting
Kira Berglund
Lakewood Cemetery Mausoleum

May 12
Annual MWGCM Plant Sale
St. Mary's Greek Orthodox
Church, Minneapolis

June 9
Water Gardens
Jan Schreir
Lakewood Cemetery Mausoleum

July
Garden Tour TBA

U of M Landscape Arboretum

September 8
Winter Gardens
Alan Branhagen
Lakewood Cemetery Mausoleum

October 13
The Evolving Garden as We Age
Roseanne Malevich
Lakewood Cemetery Mausoleum

November 10
Caring for Trees
Gary Johnson
Lake Harriet Methodist Church

December 8
Holiday Party & Silent Auction

2020 Officers & Directors

Club Officers

President
Linda Wilkins
Richfield

Vice President
Phoenix Heller
Minneapolis

Membership Secretary
Kathy Lenarz
Richfield

Directors

Mary Barsness
Prior Lake

Suzanne Holt
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Linda Thompson
Minneapolis

Recording Secretary

Sue Clark
Minnetonka

Treasurer

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Past President

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The Garden Spray is published monthly by the Men's and Women's Garden Club of Minneapolis, Inc. for its members. The Men's and Women's Garden Club of Minneapolis is a not-for-profit, equal opportunity organization.



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